



**PATIENT**

Sophie Fredericks

**SPECIES**

Canine

**BREED**

CKCS

**SEX**

Female Spayed

**AGE**

9 years

**WEIGHT**

42lbs

**INTERPRETED BY**

Maggie Machen Lamy,  
DVM, DACVIM  
(Cardiology)

**IMAGING PERFORMED BY**

Elaina Petrone, DVM

**HOSPITAL NAME**

Long Branch Animal  
Hospital

**REFERRING VET**

Dr. Petrone

**INVOICE**

45814

**DATE**

11/18/25

**PRESENTING CLINICAL SIGNS**

History: Owners reported coughing. Lung auscultated clearly. Grade 3/6 heart murmur.

**ECHOCARDIOGRAM FINDINGS**

2D, m-mode, color flow and doppler imaging is available. Diffuse thickening of mitral valve leaflets with prolapse into the left atrial lumen. Severe eccentric mitral regurgitation with severe left atrial dilation. LV dilation with hyperdynamic myocardial function. The tricuspid valve appears mildly thickened with mild tricuspid regurgitation. TR velocity is normal. Right heart is mildly dilated. The pulmonic and aortic valves are normal in morphology and mobility. Normal pulmonic and aortic outflow velocities. No aortic or pulmonic insufficiency. No pericardial or pleural effusion noted. No obvious cardiac tumors observed.

**CARDIAC CHART**

| CANINE CARDIAC PARAMETERS                                                                               | MR VMAX (m/s) | TR VMAX (m/s) | LA/AO (Boon method) | LA/AO (Heart Base; Swe) | FS (%)                          | EF (%)                                   | EPSS (cm)                                |
|---------------------------------------------------------------------------------------------------------|---------------|---------------|---------------------|-------------------------|---------------------------------|------------------------------------------|------------------------------------------|
| NORMAL PARAMETER                                                                                        | 4.5-5.5       | <2.7          | 1.3                 | <1.6                    | 28-40                           | 40-100                                   | <0.6                                     |
| PATIENT                                                                                                 | 6.0           | 2.0           | NM                  | 2.2                     | 41                              | 75                                       | NM                                       |
| CANINE CARDIAC PARAMETERS                                                                               | HR (BPM)      | AV VMAX (m/s) | PV MAX (m/s)        | BODY WEIGHT (kg)        | LA 2D short axis Base view (cm) | LVIDd Avg; 2D and m-mode short axis (cm) | LVIDs Avg; 2D and m-mode short axis (cm) |
| NORMAL PARAMETER                                                                                        | 50-100        | 0.7-1.7       | 0.7-1.6             | BELOW                   | BELOW                           | BELOW                                    | BELOW                                    |
| PATIENT                                                                                                 | NM            | 1.6           | 1.1                 | 19.1                    | 3.2                             | 3.9                                      | 2.3                                      |
| *Normal chamber parameters expressed as a mean value (SD)                                               |               |               |                     | 3                       | 1.27 (5.3)                      | 2.46 (2.46)                              | 1.36 (5.5)                               |
| <b>BODY WEIGHT DEPENDENT PARAMETERS</b>                                                                 |               |               |                     | 5                       | 1.40 (4.5)                      | 2.74 (5.2)                               | 1.60 (4.7)                               |
| <i>*Note: All measurements based upon multi-modal images and methods. An average value is reported.</i> |               |               |                     | 10                      | 1.50 (3.8)                      | 3.27 (3.5)                               | 2.06 (3.1)                               |
|                                                                                                         |               |               |                     | 15                      | 1.83 (2.0)                      | 3.71 (2.4)                               | 2.43 (2.1)                               |
|                                                                                                         |               |               |                     | 20                      | 2.02 (1.9)                      | 4.14 (2.2)                               | 2.80 (2.0)                               |
|                                                                                                         |               |               |                     | 25                      | 2.18 (2.4)                      | 4.48 (2.9)                               | 3.10 (2.5)                               |
|                                                                                                         |               |               |                     | 30                      | 2.33 (3.3)                      | 4.83 (3.9)                               | 3.39 (3.4)                               |
|                                                                                                         |               |               |                     | 35                      | 2.48 (4.3)                      | 5.17 (5.0)                               | 3.69 (4.5)                               |
|                                                                                                         |               |               |                     | 40                      | 2.62 (5.2)                      | 5.48 (6.1)                               | 3.96 (5.4)                               |
|                                                                                                         |               |               |                     | 50                      | 2.88 (7.1)                      | 6.07 (8.3)                               | 4.46 (7.4)                               |

**INTERPRETATION OF THE FINDINGS & FURTHER RECOMMENDATIONS**

The murmur is due to chronic degenerative valve disease causing severe mitral and mild tricuspid regurgitation. Significant left atrial and ventricular enlargement indicate the risk for spontaneous congestive heart failure is elevated. No obvious additional issues are noted.

A cough in this patient with severe heart disease is likely multi-factorial in origin, including mainstem bronchi compression and/or potentially some degree of upper or lower airway disease. Early CHF/pulmonary edema should also be considered; however, this is less likely based upon a reported cough in the absence of labored breathing. CXR should be obtained to rule out early CHF. Recommend institute cardiac supportive medications including a weak diuretic (spironolactone) for potential survival benefit and advise close monitoring at home for need for Lasix therapy. Cough suppression (up to q4-6 hours) may also be helpful for any component of a



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mechanical cough. **Monitoring of sleeping breathing rates is recommended as the best way to screen for CHF at home.**

Omega fatty acid supplementation and mild salt restriction may also be of some long-term benefit. Monitor for development of a worsening cough, labored breathing, exercise intolerance or collapse episodes. Long term prognosis is guarded to poor with stage (late) B2 disease, with risk for CHF in the near future. Once diagnosed, the average survival time for canine patients is 8-9 months on medications; however, most are able to maintain a good quality of life for that period. Patient will always be at risk for progression to CHF, development of arrhythmias/LA tear, syncope and/or sudden death in the future.

**Elective anesthesia is not advised, as there is high risk for complication.** Risk: benefit ratio should be considered. Consider consultation with and/or referral to a facility with an anesthesiologist. Should you elect to proceed, cardiac protective drug choices (opioid/benzodiazepine premedication, propofol or alfaxalone induction, iso or sevoflurane gas) are recommended. Pre-oxygenate for 5-10 minutes prior to induction and recover in O2 cage. Monitor for arrhythmias, hypotension, and hypoxia both intra and post-operatively and intervene as necessary. Moderate IV fluid restriction is recommended to avoid fluid overload, while considering comorbidities, hydration status, BP, etc. Avoid heart rate stimulating drugs such as atropine unless clinically indicated.

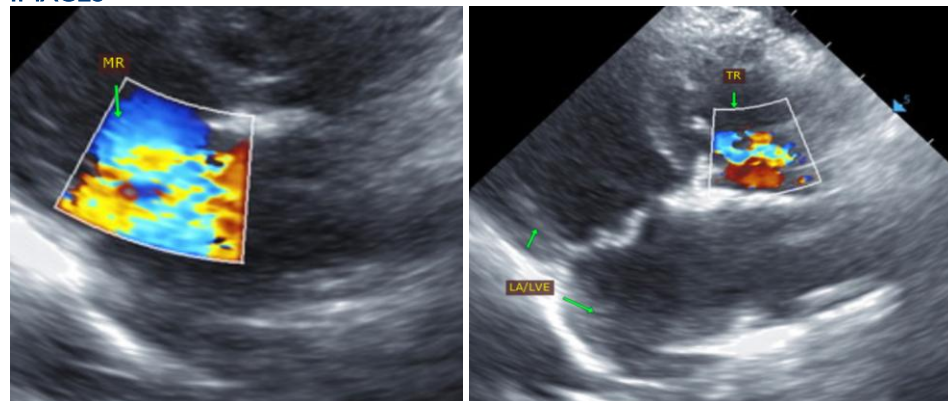
**PLAN**

Baseline BP and CXR recommended. Institute Pimobendan 0.3mg/kg PO q12h. Institute Spironolactone 1-2mg/kg PO q12h. If BP>130mmHg, institute ACE-I (benazepril or enalapril) 0.5mg/kg PO q12h. Consider hydrocodone with homatropine for QOL (0.2-0.4mg/kg PO up to q4-6 hours PRN for cough; available in 5/1.5mg tabs and 5mg/5ml liquid suspension).

A renal panel and BP are recommended in 1-2 weeks, then every 3-4 months lifelong to ensure tolerance of medications.

A recheck echocardiogram is recommended in 6 months to screen for progression, sooner if clinical signs arise in the interim.

**IMAGES**





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Sophie Fredericks

The information and recommendations provided are based on the images presented by the referring veterinarian. No evaluation can be communicated regarding pathology that was not visible in the image/video clips provided.

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Thank you for this referral. This report was generated using transcription software, and minor dictation errors may be present. If the clinical or image interpretation does not parallel your findings or if I can be of any further assistance, please contact me.

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CKCS

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Diplomate of the American College of Veterinary Internal Medicine (Cardiology)  
info@sonopath.com

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